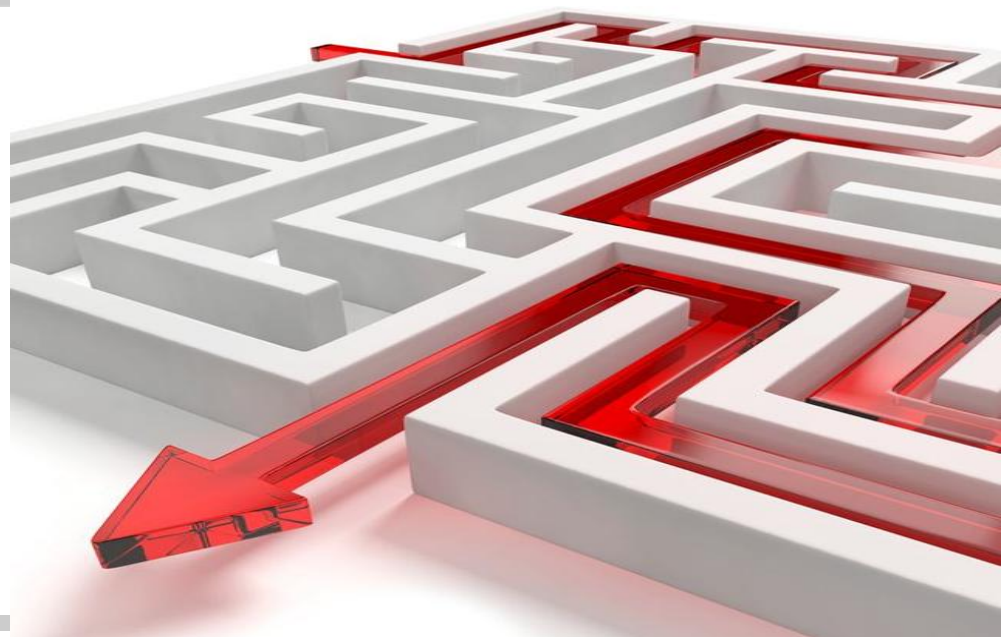


EXIT PROSTITUTION

AN EVIDENCEBASED SOCIAL
PROGRAM BASED ON CTI



THE EXIT PROJECT

AIM:

- To improve the life situation of citizens with prostitution experiences

TARGETGROUP:

- People with prostitution experiences

WHERE AND WHEN:

- Aarhus, Aalborg, Copenhagen and Odense
- 2012 – 2015

MODEL:

- Critical Time Intervention - CTI

WHAT IS CRITICAL TIME INTERVENTION – CTI?

CTI is a practice strategy for working with vulnerable people during times of transition.

CTI is a model born from experience working with homeless men in shelters in New York and is developed to support people with a history of homelessness to establish a home.

CTI is an evidence based practice

WHAT IS CRITICAL TIME INTERVENTION – CTI?

CTI is a time-limited case management model

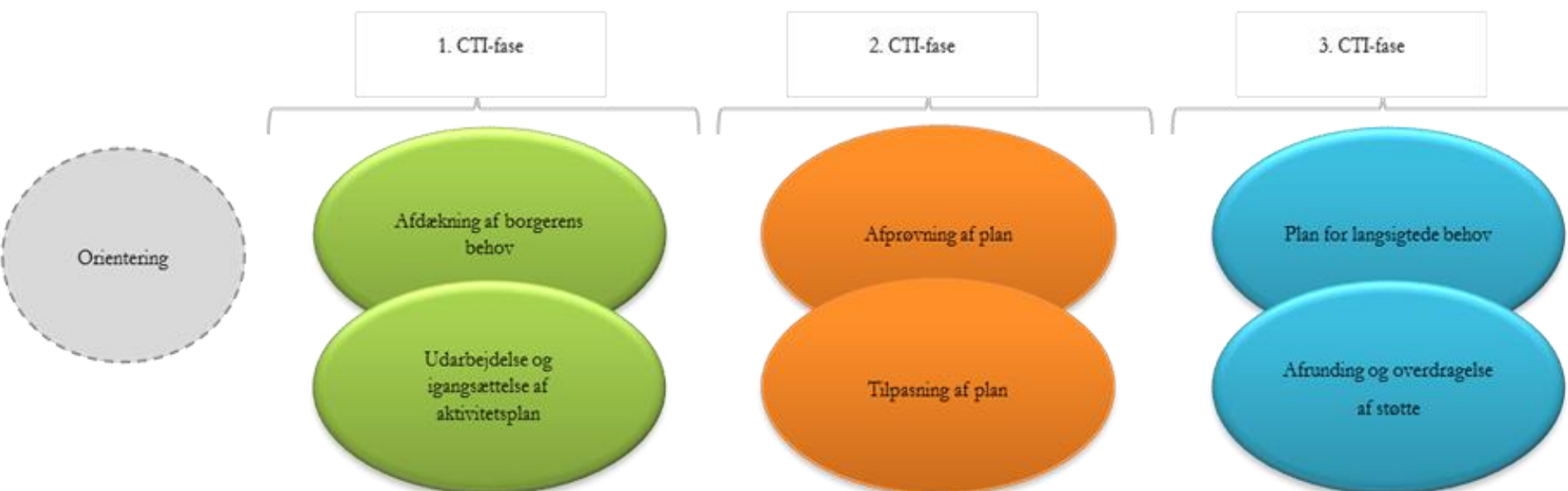
A CTI-worker and a citizen work together on improving the different areas of the citizens life such as finances, health, substance abuse or social network.

The CTI-worker provides both practical and emotional support but also support to establish a more long term network that can support the Citizen after the end of the CTI-program

CTI is a recovery based model

The CTI-program is divided into three phases

THE THREE PHASES OF THE CTI-PROGRAMME



THE THREE PHASES OF THE CTI-PROGRAMME

ORIENTATION:

- Establishing contact and building up the relationship

PHASE ONE:

- Assessment of needs and initiating contact with relevant providers of support

PHASE TWO:

- Is the plan working

PHASE THREE:

- Slowly transferring the support

THE EVALUATION

In our evaluation we answer two main questions:

- Has the Citizen benefited from being a part of the program?
 - Outcomes star
 - WHO-5 well-being index
 - Questions about prostitution frequency
- Does the program follow the core principles of CTI?
 - Survey with questions concerning the CTI-program of each Citizen

EVALUATION – DOCUMENTING FIDELITY

Important to document if the use of the model follows the core principles of CTI and is in fact:

- Recovery oriented
- Time limited
- Follow the three phases
- Focused on a few areas
- Builds on the Citizens own assessment of needs
- Includes both practical support and support to establish a long term network of support

Target group and recruitment of the participants for the project:

- Target group
- Outreach work

Experience with the CTI method and documentation:

- Practitioners participating in developing method and documentation.
- How it is to work with different stages and time limited intervention – advantages and challenges (pros and cons).
- Process of clarification before enrolment in the Exit project. How do we do?

Documentation:

- Schedule for activity
- Outcomes star
- CTI – schedule

